Sally Symonds

Snack Satisfaction Scale

Snack Name	Taste Rating	Hunger Rating Before	Hunger Rating After	Calories	Fat	Saturated Fat	Protein	Carbs	Additional Comments
Eg: Brand Name Nut Bar	9/10	8/10	5/10	200	12	3	9	10	Delicious!!

t 07 3278 4785 | **m** 0417 727 625 | **e** sally@sallysymonds.com
a PO Box 280 Sherwood QLD 4075 | **w** sallysymonds.com

Sally Symonds